



SAFETY DANCE

Chorégraphe : Johanna Barnes

Description : 64 temps, 2 murs

Type : Funky

Niveau : Intermédiaire

Musique : Safety Dance - Glee Cast Version

Intro: 16 counts. - Note: clock notations relate to the start wall for each phrase.

[1~8]: CROSS WALKS L WITH ARMS* x2, CHECK STEP, RECOVER, WEAVE 1/4 R, 1/2 TURN R

1-2 R step across L *, L step to L side *

3- R step across L *, L step to L side *

5&6& R push step across L, L recover weight, R step to R side, L step behind R

7&8 R step ¼ R (3:00), L step forward, R step ½ R forward (9:00)

***Hand/arm movement for 1-4:**

*** Fingers linked, create a rolling wave from R elbow to L elbow at chest level, 4 times
Or snap fingers as hands go outward, Or anything that's fun to do, And/or double time the steps!**

[& 9~16]: R & L TOUCH-HOLD, R HEEL JACK, L STEP, ½ CHASE TURN R

&1-2 L step slight forward, R touch forward, hold

&3-4 R step weight center, L touch forward, hold

&5&6 L step weight center, R step across L, L step to L side, 6R touch heel out toward 10:00

&7&8 R step weight center, L step forward, R ½ turn R (3:00), L step forward

[17~24]: CHARLESTON STEPS, STEP ¼ L CROSS R, L SIDE SHUFFLE

1&2 R touch forward, R swing ½ back, R step (back)

3&4 L touch back, L swing ½ forward, L step (forward)

5&6 R step forward, turn ¼ L, weight L (12:00), R step across L

7&8 L step L, R step next to L, L step L

[25~32]: OLD SCHOOL CROSS TOUCHES, SMALL JAZZ JUMP FWD R L W/ CLAP, BOUNCES X 2, WEIGHT R

1-2 R touch across L to diagonal dip R shoulder, throw hands down and back, R step weight center

3-4 L touch across R to diagonal dip L shoulder, throw hands down and back, L step weight center

&5-6 R teeny jump forward, L step forward, slightly apart from R, Clap hands

7-8 small bounce, weight R, small bounce, weight R

SAFETY DANCE

[33~40]: PUSH SLIDES R/L, ½ PUSH TURN, ½ PENCIL TURN, R TOUCH, L TOUCH

(as if a toe strut followed by a drag)

- 1 L step slightly forward, pushing weight into ball of L foot, L knee slightly bent
- 2 Drop heel (full weight L) as you slide R foot back, slightly bending L knee
- 3 R step forward, pushing weight into ball of R foot, R knee slightly bent
- 4 drop heel (full weight R) as you slide L foot back, slightly bending R knee

- 5&6 L step forward, ½ turn R, step R (6:00), ½ turn R, L step next to R (12:00)
- 7&8 R touch to R side, R step center next to L, L touch to L side

[41~48]: L BODY ROLL, TOUCHES L R, R 'C' BUMP, STEP L, R CROSS

- 1-2 body roll back toward L foot, start w/ shoulders, angled to 1:00, take weight L
- &3&4 R step next to L, L touch to L side, L step next to R, R touch to side
- 5&6 lift R hip as you bump to R, bump hips to L, take hips back to R, sitting slightly, weight R
- 7-8 L small step forward slightly open to 10:00, R step across L

[49~56]: ROCK RECOVER CROSS X2, L CHASE TURN, WALK R, L TOGETHER.

- 1&2 L push step to L side, recover weight R, L step across R, travel slightly forward
- 3&4 R push step to R side, recover weight L, R step across L, travel slightly forward
- 5&6 L step forward, ½ turn R, step forward on R (6:00), L step forward
- 7-8 R step forward, L step next to R

[57~64]: "S NODS" (TO 80'S SAFETY DANCE), STRUTS IN PLACE

- 1 L arm curved overhead, fingers pointing right with palm facing down. R arm curved at waist, fingers pointing left with palm facing up, creating an "s" with your arms, left arm on top
- 2 pulse same movement ah switch position to opposite
- 3 R arm curved overhead, fingers pointing left with palm facing down. L arm curved at waist, fingers pointing right with palm facing up, creating an "s" with your arms, left arm on top
- 4& pulse same movement (weight L), R slight lift or kick (arms come down)
- 5&6& R step center, L slight lift or kick, L step center, R slight lift or kick
- 7&8 R step center, L slight lift or kick, L step center, full weight

RECOMMENCER LA DANSE.