

# HAIRSPRAY

**Level: Sequence / Phrased High Intermediate**

**176 temps, 1 Mur**

**Chorégraphes : [Simon Ward](#) & [Rachael McEnaney](#), (July 2012)**

**Music: You Can't Stop The Beat - Nikki Blonsky, Zac Efron, Amanda Bynes, Elijah Kelley, John Travolta & Queen Latifah. Album: Hairspray Soundtrack (170 bpm)**

**Dance starts facing the back wall.**

**Dance starts 16 counts in - A – 80 Counts, B – 80 Counts, C – 16 Counts**

**Sequence = C, A, B, C, A, B, A, B with Tag, A, A, B with Tag, B, B**

## **A**

**Lock step at 45 deg left, Lock step at 45 deg R**

1-4 Step right forward at 45 deg left, Lock/step left behind right, Step right forward, Hitch left knee turning a ¼ turn right 1.30

5-8 Step left forward, Lock/step right behind left, Step left forward, Hitch right knee turning ¼ turn left 10.30

**Cross/rock, Hold, Recover, Hold, sailor ¼ turn right**

1-4 Cross/rock right over left, hold, Rock/recover weight back on left sweeping right foot around at 12.00, Hold

5-8 Cross right behind left starting ¼ turn right, step left next to right, step forward on right 3.00

**Fwd coaster step, Hold, Right coaster cross, Hold**

1-4 Step left forward, Step right beside left, Step left back, Hold 3.00

5-8 Step right back, Step left beside right, Cross/step right over left, Hold 3.00

**Left scissor step, Hold, ¾ turn left, R fwd, Pivot ¼ turn**

1-4 Step left to left side, Step right beside left, Cross/step left over right, Hold 3.00

5-8 Step right to right side turning ¼ turn left, Step left back turning ½ turn left, Step right forward, Pivot ¼ turn left taking weight onto left 3.00

**Shuffle R fwd, ½ R shuffle back, ¼ R chasse right, Cross/rock L, Recover**

1&2 Step right slightly forward, Step left beside, Step right slightly forward 3.00

3&4 Make a ½ turn right & step left slightly back, Step right beside left, Step left slightly back 9.00

5&6 Make a ¼ turn right & step right slightly right, Step left beside right, Step right slightly right 12.00

7-8 Cross/rock left over right, Rock/recover weight on right 12.00

*(for alternate steps on shuffles do toe struts or step holds)*

**¼ turn L shuffle L fwd, ½ L shuffle back, ¼ left chasse left, Cross/rock R, Recover**

1&2 Make a ¼ turn left & step left slightly forward, Step right beside left, Step left slightly forward 9.00

3&4 Make a ½ turn left & step right slightly back, Step left beside right, Step right slightly back 3.00

5&6 Make a ¼ turn left & step left slightly to left, Step right beside left, Step left slightly to left 12.00

7-8 Cross/rock right over left, Rock/recover weight onto left 12.00

*(for alternate steps on shuffles do toe struts or step holds)*

**Side rock R, Recover, Rock R back, Recover, R fwd, ¼ pivot, R fwd, ¼ pivot**

1-4 Rock/step right to right, Rock/recover weight onto left, Rock/step right back, Rock/recover weight onto left 12.00

5-8 Step right forward, Pivot ¼ left taking weight onto left, Step right forward, Pivot ¼ left taking weight onto left 6.00

**Rock R fwd, Recover, Rock R back, Recover, R fwd, ¼ pivot, R fwd, ¼ pivot**

1-4 Rock/step right forward, Rock/recover weight onto left, Rock/step right back, Rock/recover weight onto left 6.00

5-8 Step right forward, Pivot ¼ left taking weight onto left, Step right forward, Pivot ¼ left taking weight onto left 12.00

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## **R toe strut, Rock L side, Recover, L toe strut, Rock R side, Recover**

1-4 Touch right toe forward, Drop right heel taking weight onto right, Rock/step left to left, Recover weight onto right

5-8 Touch left toe forward, Drop left heel taking weight onto left, Rock/step right to right, Recover weight onto left

## **Jazz Box, Stomp R, Stomp L, Clap x 2**

1-4 Cross/step right over left, Step left back, Step right slightly to right, Step left slightly forward 12.00

5-8 Stomp right slightly right, Stomp left slightly left, Clap hands twice like your brushing dirt of your hands 12.00

## **B**

### **Grapevine R, Hip roll L,R,L,R**

1-4 Step right to right side, Step left behind right, Step right to right side, Touch left toe slightly to left 12.00

5-8 Roll hips counter-clockwise left, right, left, right 12.00

### **Grapevine L, Bend R knee, Bend L Knee shaking hands**

1-4 Step left to left side, Step right behind left, Step left to left side, Touch right beside left 12.00

5-8 Take weight onto right bending left knee, Hold, Take weight onto left bending right knee, Hold 12.00

*Shake hands like they are wet on counts 5-8)*

### **¼ turn, Touch, ¼ turn, Touch shimmying shoulders, ¼ turn, Touch, ¼ turn, Touch shimmying shoulders**

1-2 Step right forward turning ¼ turn left, Touch left beside right (Shimmy shoulders) 9.00

3-4 Step left to left turning ¼ turn left, Touch right beside left (Shimmy shoulders) 6.00

5-6 Step right forward turning ¼ turn left, Touch left beside right (Shimmy shoulders) 3.00

7-8 Step left to left turning ¼ turn left, Touch right beside left (Shimmy shoulders) 12.00

### **R side, Hold raising R arm, Point R hand to front, Hold, Bump hips R,L**

1-4 Step right to right side, Hold while you raise right arm to right and above head (arm is straight) 12.00

5-8 Lower right arm in front of you and point to the front, Hold, Bump hips right left 12.00

### **Triple steps x 4 turning 1/8 left**

1&2 Step right slightly to right, Step in place left, right (right index & middle finger go across right eye) 12.00

3&4 Step left slightly to left, Step in place right, left (left index & middle finger go across left eye) 12.00

5&6 Turn 1/8 left Step right slightly to right, Step in place left, right (right arm moves in freestyle swim motion) 10.30

7&8 Step left slightly to left, Step in place right, left (left arm moves in freestyle swim motion) 10.30

*(for alternate steps on triple steps do toe struts or step, touches)*

### **1/8 turn R, Step R, Touch L, Step L, Touch R, Stomp R looking to front, Hold**

1&2 Turn 1/8 left Step right slightly to right, Step in place left, right 9.00 (or step touch) (right hand hitch a ride)

3&4 Step left slightly to left, Step in place right, left 9.00 (left hand hitch a ride)

5-8 Stomp right to right side looking to 12.00 wall, Hold (hands go out at waist height on stomp) 9.00

### **Cross/rock L, Recover, Chasse left, Cross/rock R, Recover, Chasse right ¼ turn**

1-2 Cross/rock left over right, Rock/recover weight onto right 9.00

3&4 Step left to left side, Step right beside left, Step left to left side 9.00

5-6 Cross/rock right over left, Rock/recover weight onto left 9.00

7&8 Step right to right side, Step left beside right, Step right to right side turning ¼ turn right 12.00

### **Step L fwd, ½ turn heel taps, Walk fwd R,L,R, kick left fwd**

1-4 Step left forward, make a ½ turn right tapping heels 3 times finishing with weight on left 6.00

5-8 Step forward right, left, right, kick left forward 6.00

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## **L side, Cross/step, L side, Kick, R side, Cross/step, R side, Kick**

1-4Facing left corner step left to left side, Cross/step right over left, step left to left, kick right at 45 deg R 6.00

5-8Facing right corner step right to right side, Cross/step left over right, Step right to right, kick left at 45 deg L .  
00

*\*\* (These 8 counts are your tag. You repeat these steps at this stage of the dance on the 2nd and 3rd time you perform B)\*\**

## **L side, Cross/step, L side, Kick, R side, Cross/step, R side, ½ Hinge turn L stepping to left**

1-4Facing left corner step left to left side, Cross/step right over left, step left to left, kick right at 45 deg R 6.00

5-8Step right to right side, Cross/step left over right, Step right to right, Make a ½ turn left on right & step left to left 12.00

*\*(The 1st time you perform B, Touch left beside right on count 8 to restart C facing the back wall)\**

## **C**

### **L side bump L, Hold, Bump R, Hold, Bump L, Hold, Bump R, Hold**

1-4Step left to left side bumping hips to left, Hold, Bump hips right, Hold 6.00

5-8Bump hips left, Hold, Bump hips right, Hold 6.00

### **Bump L, Hold, Bump R, Hold, Bump L, Bump R, Lock/step, ½ turn L**

1-4Bump hips left, Hold, Bump hips right, Hold 6.00

5-8Bump hips left, Bump hips right, Lock/step left behind right, Pivot a ½ turn left on balls of feet taking weight onto right 12.00

*RESTART*